

essential oil treatments improve quality of life not only by reducing the side effects of cancer drugs but equally important by stimulating the natural defenses and draining toxins from liver and kidneys. With essential oil treatments often an increased efficacy of conventional treatments was observed, possibly improving the patient's chances of survival.

Essential Oils for Cancer

Following is a short list of essential oils which are particularly suited to be used alongside conventional treatments

The special value of

Cinnamomum camphora (Ravintsara)

in connection with cancer treatment.

Ravintsara reduces physical and mental asthenia, helps the patient make decisions and regain self-confidence. During treatment, it counteracts depression. Ravintsara is sedating, promotes sleep and improves sleep quality; it reduces anxiety. Its antiviral activity and general improvement of immune response significantly reduce the risk of infection during chemotherapy. Ravintsara reduces most side effects of Interferon treatment such as depression, insomnia, muscle pains and fatigue. It reduces joint pains

science

Prevention and Therapy of Cancer by Dietary Monoterpenes

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Pamela L. Crowell is another leading researcher in the field of anti tumor effects of mono and sesquiterpene components.

Excerpts from one her review papers are shown below and on the next two pages:

Monoterpenes are nonnutritive dietary components found in the essential oils of citrus fruits and other plants. A number of these dietary monoterpenes have antitumor activity. For example, d-limonene, which comprises >90% of orange peel oil, has chemopreventive activity against rodent mammary, skin, liver, lung and forestomach cancers. Similarly, other dietary monoterpenes have chemopreventive activity